

Profile Kirstin Vogel

Year of Birth 1967

What matters to me:

- My motto is also the key message of my work: "Human relationships are based on effective communication – as is a company's success".
- Flexibility – is the key to success. Recognizing possibilities is the first step to a solution.
- Humor – a wonderful way to approach clients and their topics; laughter is the easiest road to change, also and in particular in difficult situations.



Education

- Management assistant in advertising and marketing-communications specialist , N.A.M.K. Hamburg
- NLP trainer (certified by DVNLP) metaforum Berlin
- NLP coach, focus: health (certified by DVNLP) metaforum Berlin
- Business and management coach (certified by ECA)
- International Coaching Association, Düsseldorf
- Wingwave-Coach, Besser-Sigmund Institut Hamburg
- Process support and change manager, Cicero Hamburg
- Systemic integrative therapy, metaforum, Brazil
- Hypnotherapist (certified by NGH), Dirk Treusch, Darmstadt
- Health coach (certified by DVNLP), IGH, Kappeln
- Work-Health-Balance-Coach for systemic short term concepts, Besser-Sigmund Institut Hamburg
- Hypnotherapy, metaforum, Brazil

Professional Experience

- 12 years experience in marketing/communications as strategic planner and budget director (with personnel responsibility) for branded goods industry
- Self-employed since 2001

Main Focuses

- Training in the fields
 - Communication
 - Conflicts
 - Body language, presentation & group dynamics
 - Health & prevention
 - Social competence & soft skills
 - Creativity and innovation
 - Executive staff development
 - Emotional self-management
 - Customer orientation and customer relations
- Coaching
- Team development and support
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Experience in

- Branded goods industry
- Media
- Advertising agencies
- Industry