

Profile Natalia Berrio Andrade

Year of Birth 1970

What matters to me:

- Success
- Health
- Joy
- Growth and development



Education

- C Universal studies Business Education and Business Administration (main focus on Personnel Management and Political Sciences), University Stuttgart
- Training in systemic and solution oriented coaching (certified by DBVC), Mannheim
- Training in Transaction Analysis (DGTA), Heidelberg
- Psychological consultant and mental trainer (DGMT / VDH), Passau
- Training in EFT (E. Keller, V. Tappe), Zurich, Tübingen
- Training in Energy Psychology®,
- Certified practitioner in EDxTM™ (Dr. F. Gallo), Heidelberg
- Ongoing supervision and further training

Professional Experience

- 11 years experience with LSG Sky Chefs Deutschland GmbH in different positions
- 3 years experience in personnel development, training and coaching (LSG Sky Chefs Germany)
- Conception and implementation of programs to promote work health
- Assessment centre: preparation and development of analysis of executive staff potentials
- Since 2000 conception and implementation of measures of personnel development and executive training programs
- Self-employed since 2004
- Train the trainer
- Executive staff development programs (stretching over several years)
- Conception and support of developmental and change processes
- Organizational development projects: Implementation of personnel development programs, implementation and realization of mission statements and cultural transformation in top-down processes

Main Focuses

- Training in the fields
 - Executive staff development
 - Staff appraisal
 - Performance feedback
 - Manage conversations / communication
 - Conflict management
 - Stress management
- Consultation and team supervision
- Coaching
- Organizational development
- Conflict moderation
- Team development

Experience in

- Lufthansa AG
- LSG Sky Chefs Deutschland GmbH
- Daimler AG
- Rudolf Flender GmbH
- Aerospace
- Third Sector

I achieve through my work

- Respect, trust and encouragement
- Strengthening of self-esteem and self-confidence
- Set goals and accept responsibility
- Clarity and open communication
- Recognize power games and opting out
- Tap resources and potentials
- Courage to show personal integrity